



Live Your Life



 **Carlton**
SENIOR LIVING

Downtown Pleasant Hill
175 Cleaveland Road
Pleasant Hill, CA 94523
(925) 935-1001

CarltonSeniorLiving.com

Welcome to Carlton

Carlton Senior Living has been serving seniors since 1985, when our first community opened. Since then, we have grown with community locations throughout Northern California. Carlton is a family-focused and founded provider of exceptional service and superior care. Our diverse programs and individually tailored services allow residents to move seamlessly between various care levels if and when their needs change. The strong foundation of our company is made possible by our outstanding staff of over 1300. We are devoted to ensuring that each associate is the perfect fit for our residents. They exemplify, as we describe, the “caring gene” that defines one’s commitment to love, honor, and provide for one another through their intrinsic ability to be empathetic.

Our hands-on education and training sets us apart as a company and is a true testament to our investment in our associates. Carlton University creates opportunities for all associates, both new and veteran staff, to feel encouraged, connected, empowered, supported, and successful in their roles. I believe that happy, respected, and knowledgeable individuals will provide outstanding care and excellent customer service to our residents. Upon moving in, our residents and their loved ones instantly become our extended family; in this exchange, we are rewarded with a sense of responsibility and trustworthiness. We take great pride in creating an environment where together, we celebrate the special moments and honor how you wish to, as we say, **“Live Your Life.”**

Carlton Senior Living is honored as one of the Best Workplaces for Aging Services, recognized as #1 in California and #2 in the Nation by Fortune. The collective work and dedication that each exceptional associate has contributed since joining Carlton helped achieve this accomplishment. We are proud to share that over 75% of our leaders have been promoted from within our company. Our Executive Directors, the leader in our communities, have been with us for over ten years on average. I believe strongly in our associates and the services that we offer that I guarantee your satisfaction. Exclusive to Carlton Senior Living, we offer a 100% Satisfaction Guarantee program which allows you to try us for 90 days. If for any reason you are not satisfied that you made the right decision, we will refund 100% of the monthly fee you paid. I hope that this helps you make the best decision, and I welcome you to come and explore our communities so you can feel the difference.

Dave Coluzzi



Dave Coluzzi
President & CEO



About Carlton Senior Living Downtown Pleasant Hill

Carlton Senior Living Downtown Pleasant Hill offers an atmosphere that supports and enhances the individual lifestyles of our residents. We provide a range of services for seniors including:

- Independent Living
- Assisted Living
- Memory Care
- On-Site Nursing

Residents enjoy delicious and healthy meals, enriching activities, exciting outings, person-centered care and much more. We offer a full schedule of onsite activities and special events including live musical performances, fitness classes, discussion groups, art projects, crafts, stimulating games, cooking demonstrations, and plenty of opportunities to make new friends. We treat all our residents and staff with respect, kindness and compassion, and that unique “culture of caring” makes all the difference.





Services and Amenities

Our community offers the opportunity to socialize regularly, enjoy freshly prepared meals, go on fun outings and experience life in a supportive atmosphere where seniors can make friends, enjoy life and continue to thrive.



Monthly fee includes:

- Restaurant-style dining for breakfast, lunch and dinner
- 24-hour staffing and emergency call system
- Weekly housekeeping
- Weekly personal laundry and linen service
- Transportation for medical appointments
- Scheduled activity transportation
- Apartment maintenance and utilities
- Individual heating and A/C controls
- On-site activities and entertainment
- Cable & WiFi





We're Pet Friendly

Independent and Assisted Living Apartment Pricing

STUDIO | Starting at \$4,295

DELUXE STUDIO | Starting at \$4,595

ONE BEDROOM | Starting at \$5,195

Second Person Monthly Fee | \$1,020

One-Time Community Fee | \$5,000



Care Services

Carlton offers assistance with daily living activities such as dressing, bathing, and medication management. These services are offered à la carte and are tailored to the needs of the individual based on a comprehensive care assessment. We also offer diabetes management services. Please speak with one of our friendly Retirement Counselors for more details.



Flower Arranging



Carlton's Social Life

At Carlton Senior Living, we take pride in our Personal Expressions activity program. Our resident-tailored programming includes a variety of activities, special events, live music, discussion groups, outings, volunteering and much more.

We strongly believe in the benefits of socialization and purpose for each individual and do our best to create a dynamic calendar that reflects the preferences, interests and abilities of our residents. We also understand that not all seniors enjoy interacting in large group settings and so we provide programming for those residents as well.

The methods we use to ensure we're meeting residents' social, physical and mental needs include activity assessments, regular check-ins, 1-on-1 apartment visits, and monthly community meetings where we encourage resident feedback.



Visiting San Francisco



Soap Making



Cooking Demo



Carlton's Dedicated Associates

We're honored to have been awarded
2021 BEST WORKPLACES FOR AGING SERVICES™
by Fortune as #1 in California and #2 in the Nation.

It takes a special group of employees to help our residents live their lives to the fullest, surrounded by love, kindness, and care. We believe happy employees help to ensure happy residents, and that's why we take great care in recruiting, training, and retaining people who embrace and embody our unique "culture of caring."

More About Our Community

Carlton Senior Living Downtown Pleasant Hill also offers Memory Care and Short-Term Respite options in addition to Independent Living and Assisted Living. Contact us to learn more about our community or to schedule a tour:

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RCFE Lic. No. 075600194





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Pleasant Hill today to schedule a tour!

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